



## **Sexual and Reproductive Health Care Services**





## **a-Title:**

**Sexual and Reproductive Health Care Services**

## **b-Objective:**

To promote awareness, early detection, and prevention of common reproductive health issues, with a focus on anemia, cervical cancer, and overall gynecological well-being among women and adolescent girls in the community.

## **c-The context:**

Reproductive health challenges such as anemia, cervical cancer, and other gynecological conditions continue to impact the well-being of women, especially in underserved areas. Providing access to screenings, vaccinations, and regular gynecological consultations is essential for early intervention and improved health outcomes.

## **d- The Practice:**

As part of the reproductive health care initiative, the following community-based activities were conducted:

### **Anemia Screening Camp:**

Several dedicated camps were organized to identify anemia, especially in women and adolescent girls. Basic blood tests were conducted, and participants received personalized health counseling on nutrition and treatment options.

### **Cancer Screening Camp & Cervical Cancer Vaccination:**

Cancer Screening Camps were conducted. Eligible girls were administered the HPV vaccine to prevent cervical cancer. The initiative included educational sessions to raise awareness about the disease, along with follow-up support and guidance.

## Gynecology OPD Services:

A specialized Gynecological OPD at arogyam polyclinic was set up to provide consultation and treatment for various reproductive health concerns. Women were able to access expert gynecological care, including advice on menstrual health, fertility issues, infections, and other concerns. The OPD also served as a platform for educating women on the importance of regular check-ups and reproductive hygiene.

### OPD Schedule

Day	Specialty	Doctors Name	Time
Wednesday	Obs. & Gynecology	Dr. Sangeeta Saraswat	10:00 AM to 11:00 AM

## Free Eye screening, Anemia screening and Cancerscreening at Udetpur village





**Free Anemia screening and Cancer screening at Primary school, Fattepur, Gram panchayat, Sunauda**





**Free Anemia screening and Cancerscreening at Panchayat bhawan, Gabraha**



**Free Anemia screening and Cancer screening at Pukhrayan**



**Free and Anemia screening at Lav Kush ashram, Bithoor**



**Consultation by Gynecologist at Arogyam Polyclinic**



**Initiation of anemia screening campaign in female students**



**Cervical Cancer Vaccination**